

**We encourage all players to play hard and play fair.
Please respect the officials - their job is not easy. We require all participants to practice good sportsmanship at all times.**

DODGE BALL RULES

The SRAC is a drug and alcohol free zone those under the influence will be asked to leave.

Court-The games will be played using the length of the gym. The black basketball lines are the side out of bounds. The Blue line near the Free-throw line is the forward attack line. You must have a ball to cross half court on the attack. You may only retrieve balls on your side of the court. All players must stay inside the court unless retrieving a ball.

Games-There will be a 20 minute game. The team that wins the most matches (gets all players on other team out) wins the game each team will get 2 timeouts.

Players-Players must 14+ years old. Under 18 years old must have parent/guardian signature.

Outs-Player shall be deemed "out" when: a live ball hits any part of the player's body, or clothing; except head shots. Once a ball is blocked it is dead. Only one out per shot.

Girls Balls- The red ball and the little red and yellow ball are for female players only. This includes blocking.

Blocking-Players can defend themselves by blocking the ball in flight with another ball but must retain control over the ball they are blocking with. A player dropping or losing possession of the blocking ball is deemed "out." Any blocked ball rebounding off another ball is considered dead.

Head shots- Head shots are **not** legal. No outs will be given if a head shots occurs.

Catching- If you catch a clean ball the thrower is out and the first person out on your team is back in.

Sportsmanship- Those that choose to partake in unsportsmanlike behavior, or who intentionally shoot for the head will be warned once. If the behavior continues that person will be asked to leave and that team will lose that game.

The Spearfish Recreation Center will not be held liable for injury incurred during activity.